## **Department of Physics**

## Report on "A Visit to old age home"

Social work is not only about providing a solution to one's problems, but it provides an arena in which clients can share their views on managing problems. Extension is an important activity which contributes to the enhancement of the status and public recognition of a profession and welfare of the society at large. Keeping this view in mind a group of teachers and students of Department of Physics, Integral University went for a visit to Aastha Health Resort, an old age home located at Gudamba Marg, Churaman Purwa Marg, near Kukrail Picnic Spot, Rasoolpur Sadat, Uttar Pradesh 226028.

## **Objectives:**

- i) To understand the underlying causes of generation gap.
- ii) To find the ways of coping up with communication gap in parents and children these days.

The organization accommodates nearly forty old men and women, generally aged between fifty to ninety years. Five teachers and sixteen students were permitted to visit the place keeping in view the health of old age persons. The visit was held on 17<sup>th</sup> of March 2021 from 13:30 to 16:00 hours. The enthusiastic and determined candidates reached their spot in half an hour. All the candidates greeted the residents and interacted with them whole heartedly. They talked on preserving cultures, traditions and ethical values from one generation to another. Both the students as well as the residents of the organization were greatly overwhelmed as they shared stories and experiences from their lives to each other. The young visitors were shattered and saddened after listening to their grieves and demises. The plight of living in an old age home where you are forced to adjust and reside with unknown people is quite challenging. However, with the passage of time, every member of this organization lives happily and peacefully with a sense of unity among themselves. Students handed over the gifts and fruits arranged by Integral University to the organization. The organization in turn greeted the teachers with a certificate.







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